



SYDNEY STERILE COMPOUNDING

Customer information for
compounded medication

Selective Androgen Receptor
Modulators (SARMs) s22 FORTE
- Sterile Injectable -

GENERAL INFORMATION

This leaflet contains important information about using SARMS S22. It is important you read and understand it before commencing use of this medication.

This leaflet does not contain all available information about SARMS S22 and should not be used as a substitute for seeking advice from a medical professional.

Every medication has both benefits and risks which your doctor has weighed up based on your personal circumstances.

If you have any concerns about using this medicine, consult your medical professional.

Please keep this information with your medication as you may need to re-read it.

Description of medication

SARMS S22 is dispensed in 12.5 mL vials filled with 5ml of solution. The solution has a concentration of 3000mcg/mL. It is a yellow, oil based, ready to inject solution.

WHAT IS SARMS S22 USED FOR?

Selective Androgen Receptor Modulators (SARMs) provide an alternative to using anabolic - androgenic steroids such as testosterone. Providing the anabolic benefits typical of steroids such as testosterone (including increased muscle mass, fat loss, and bone density), SARMS 22 minimises the unwanted androgenic side effects that coincide with steroid use such as aromatisation to estradiol, and conversion to dihydro-testosterone (DHT). By acting on / stimulating the androgen receptor, SARMs can provide a qualitative similar therapeutic outcome to androgen therapy without any increase in

androgen levels. Bone mineral density is another benefit of using SARMs, where it has been shown to produce dose-dependent increases in bone mineral density and mechanical strength. SARMS s22 is also known as Ostarine, MK-2866 and Enobosarm.

This product is not listed on the Australian Register of Therapeutic Goods (ARTG) and the safety and efficacy have not been evaluated by the TGA. Doctors prescribe this compounded medication because there are no alternatives on the ARTG. This medication is compounded in a registered and licensed Australian compounding pharmacy.

This is a restricted medication and is only available with a valid prescription.

BEFORE YOU BEGIN SARMS S22

DO NOT USE SARMS S22 IF YOU ARE allergic to:

- SARMS S22
- Benzyl alcohol

DO NOT use SARMS S22 if:

- If it is passed its expiry date
- If the packaging is torn or looks tampered with
- If it is kept > 8°C (Out of the fridge) for > 48hrs

It is imperative that your doctor knows your complete medical history, especially if you have, or have had the following:

- Any type of cancer or other neoplastic disease
- Any type of brain injury, tumour or abscess
- Any type of hormone imbalance
- Any allergies to other medicines, food, preservatives or dyes
- A reaction to any other peptides in the past
- Are pregnant, breastfeeding, intend to become pregnant or breastfeed while using SARMS S22
- Diabetes
- Heart Disease
- Thyroid Disease
- Depression

You should also inform your doctor of all other medications you are taking,

including:

- All prescription medicines
- All other over the counter medication
- Vitamins, herbal supplements or natural therapies
- Corticosteroids

DOSAGE AND ADMINISTRATION OF SARMS S22

Information contained in this leaflet may differ from the guidelines given by your medical professional. If this is the case, **follow all directions given to you by your doctor or pharmacist carefully**

Intramuscular Injection

SARMS S22 is given by injection directly into the muscle cells. This is called an intramuscular injection and is a simple procedure that can be performed at home.

SARMS S22 comes in multiple use vials.

What dosage should I use?

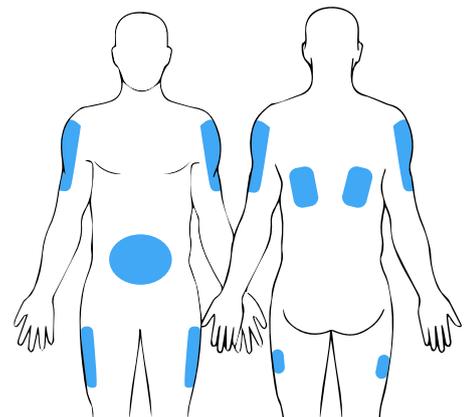
Your doctor will let you know how much SARMS S22 to inject, how many times per day/week and the time of day to inject. This information will be on your prescription and attached to the medication itself.

If you do not understand any of the directions, please seek help from your medical professional.

Where should I inject?

The best place to perform an intramuscular injection is into low fat, large muscle groups away from joints or nerves.

Suitable injection sites:



It is important to vary the injection site and inject into different muscle groups where possible. This will help to prevent

irritation and cell necrosis. **Do not inject into a site where you feel and pain, lumps, firm knots or bruising.** If you experience anything abnormal while injecting, seek advice from your medical professional.

How to inject?

It is important to clean the injection site thoroughly with an alcohol swipe as well as the top of the injection vial to stop bacteria transfer.

Using a new needle for every injection, insert the needle into the rubber top of the vial and hold the vial upside down. Draw prescribed dose of SARMS S22 into the needle and return the vial to an upright position before withdrawing the needle.

Once you have found your injection site, sanitized it, and prepped it, you can



slowly insert your needle as normal. **Do not release any fluid into the injection site at this point.** Slowly pull back on the syringe for about a second to aspirate the needle. If any blood comes into the syringe, you will need to remove the needle and find a new injection site. Blood is a sign that you have hit a blood vessel or artery, and should not proceed with an injection. **Do not reuse the same needle, as this can lead to infection.**

Inject all of the solution by delicately pressing the plunger. Remove needle and clean site with the alcohol wipe.

Peptide Clinics Australia™ has a short and informative video that clearly shows how to administer an intramuscular injection and can be found at <https://www.youtube.com/watch?v=-xkmsW0tpRY> or by searching “Intramuscular Injections, peptide clinics” into YouTube.

What if I forget an injection?

If you forget to inject SARMS S22 consult your medical professional.

DO NOT use a double dose to make up for a missed dose with medical advice.

What if I inject too much?

If you inject more than your prescribed dose, seek advice from your medical professional. If this is not possible you can contact the Poisons Information Centre (telephone 13 11 26).

How long should I use SARMS S22 for?

Keep using SARMS S22 for as long as you doctor has prescribed.

DO NOT cease treatment without the approval of your doctor.

WHAT SHOULD I DO WHILE USING SARMS S22 ?

Please ensure that you inform your medical professional:

- Before starting any new medication, tell your doctor you are using SARMS S22
- If you fall pregnant while using SARMS S22

DO NOT:

- Give your medication to anyone else, even if you believe it may help them
- Use SARMS S22 to treat any other condition it was not prescribed for
- Change your dose unless required by your doctor

SIDE EFFECTS

All medicines may have unwanted side effects, which can be serious, however usually they are not. If you feel like SARMS S22 is adversely affecting you, seek medical advice.

When administering an injection you can expect some discomfort. This should pass shortly after injecting,

however, if this continues consult your doctor

Clinical studies have not found any adverse side effects from the use of SARMS S22, however this does not mean that they do not exist.

STORAGE AND DISPOSAL

Storage

Each Vial of SARMS S22 is labelled with an expiry date.

DO NOT USE THE PEPTIDES IF IT HAS BEEN STORED IMPROPERLY OR IS EXPIRED

Store vials of SARMS S22 a darkish place below 40°C. **Do not freeze**

Keep vials of SARMS S22 in the plastic case and bag in order to prevent cross-contamination.

Keep all medication and needles well away from children.

Disposal

All used needles must be placed in a sharps disposal unit to prevent cutting or piercing the skin and transfer of pathogens.

Never put used syringes in household or other regular rubbish bins.

If you cease using SARMS S22, consult your doctor or pharmacist about how to properly dispose of the left over medication.



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